

## **Course outcome of Home Science**

### **Food & Nutrition :**

Students will understand the concept of nutrient losses during cooking & enhancement of nutritional quality of foods-comprehend the principles of planning nutritionally adequate meal, Acquire Knowledge about the nutritional needs & concerns of an individual through the life cycle, modify the normal diet for therapeutic purposes, understand significance of dietary counseling Be familiar with the policy & intervention programmes operating in India to overcome malnutrition, understand the nutritional needs during pregnancy & lactation.

### **Human Development :**

Student will gain the knowledge of development during the human life span from conception to middle childhood, Adolescence to late adulthood, student will be able to explain how educational, political, & Socio economic factor directly impact the lives of children and families.

### **Home Management :**

This helps in preparing budget that includes food expenses, electricity Bill, house rent, water bill, entertainment, expenses, telephone bills, car maintenance expenses, Fuel expenses, transportation expenses, school fees & other expenses on gifts, clothes, Shoes, & Beauty help one's know how much one can afford to spend. It provides opportunities for students to understand & shape preferred solutions to a range of challenges in their personal family, community & work role understand & take action to enhance human growth & development one can achieve the objectives and optimize the available resources at minimum cost.

### **Clothing & Textile :**

One can identify the careers in fashion industry, can describe the role of various fashion personnel within the fashion industry, one can explain the impact of fibers & fabrics on the environment can use sewing equipment & construction techniques to construct an artifact following health & Safety procedures, can apply the use of pattern drafting for fashion and clothing, can know the basic principles of fibers & fabrics.

## **Extension Education :**

One can raise the standard of people living of the rural area by helping them in using their natural resources like land, water, livestock, in the right way, It encourage the farmer to grow this own food, Eat well & living well. The student become familiar with the typical life of the rural mass and their livelihood patterns the student can prepare different audio visual aids to provide informal education among the farmers. Student should know the ICT based technologies to success fully run any extension based project, Students should develop the entrepreneurship activities in agriculture.