

Course outcomes of Home Science

Home Science is a practical oriented course to empower & inspire women & youth (both boys & girls)

Home Science is the Science of a Home & it includes all the things that concern the person, home, family members & resources. It is the education for “better living” and the core of this education is the family ecosystem. It also deals with reciprocal relations between the family & its natural & man made environment. It aims at getting maximum satisfaction for the person & their family members through the efficient & scientific use of your resources.

Home science is useful for girls as a subject for all round development not only for getting jobs, but it can make a good house wife, good mother, & good citizen too. Home science education empowers its students to face any kind of challenges of life at ease.

Home Science is need based & professionally oriented education to assist the family & community towards improved living. Home Science education not only develops & refines skills of home making amongst students, but also educates them for changing concepts, beliefs, opinion & uplift their knowledge qualitatively.

Home Science has multidisciplinary approach & therefore offers so much scope to fulfill the goals of life. Home science education makes one perfect by giving knowledge which is required for the overall development.

There are five specializations in the Home Science Subject namely:

- ❖ Food & Nutrition.
- ❖ Human Development.
- ❖ Resource management.
- ❖ Clothing & Textile.
- ❖ Extension & Communication.

The subject equips the learner for knowledge, Skills & abilities in above field of specializations Home Science is the art of managing resources efficiently combined with the science of achieving a healthier & happier home & also gaining personal & professional enrichment. It teaches the ethics in daily & also be happy consumer.

Objectives of the Course:

- ❖ Relevance of Home Science to men & woman through five specializations.
- ❖ To learn wide range of job opportunities in different fields of home Sci.
- ❖ To train the learner to plan & Consume the balanced diet by self & for the family.
- ❖ To learn the ethics in daily life.
- ❖ To understand the fibre, fabric, its properties care & application.
- ❖ To learn efficient use of resources like time, energy & money.
- ❖ To know the consumer, consumer problems, & consumer rights.
- ❖ To learn about environment & ways to minimize the pollution.
- ❖ To understand the pregnancy, growth of child & characteristic in Adolescence, and family in different life cycle.

Learning out Comes:

- ❖ Understand the Food, Nutrition, food preservation, health, safety in food, home & environment.
- ❖ Learn the basics of fibre, yarn, Fabric, finishes, Care, stain removal & Laundry techniques for different fabrics, printing & dyeing methods.
- ❖ Application of management of time, energy & money & other resources to reach the goals.
- ❖ Knowing about pregnancy, developmental Features & milestones since infancy, early Child hood, late child hood, Adolescence (teenage)

- ❖ Convey the message for importance & ways to have healthy relationships within the Family members of the family & outside.
- ❖ Equip the learner to develop higher values & ethics.
- ❖ Face the challenges of the real life situations.
- ❖ Consumer education & know the consumer rights & responsibilities.

Career prospects after Home Science:

Home Science would be good career choice for you & what career options are open for you after completing your education with Home Science.

Home Science as a field of Study is application oriented & prepares one for many professions. After completing graduation in Home Science one can go for courses like Master in Home Sci, master course in Fashion Designing, Textile designing, Dietetics, Counseling, Teaching, Social work, Development Studies, Enter premiership, Mass communication, Catering technology, research, Institutional mgt, Extension & Social welfare, Business & Industrial Concern;

Graduates of Home Science can work:

- ❖ In textile area as Merchandiser or designer.
- ❖ As Nutritionist and Dietitian in hospitals & Food Sector.
- ❖ In Housing Keeping at tourist resorts, hotels, catering facilities, restaurants.
- ❖ Institutional Catering is a major area which involves taking care of Nutrition & diet at Schools, Colleges factories, clubs, military, Canteens & So on. One can work with food product manufactures or in food product development.
- ❖ Resource mgt is an evolving field which spans family finance & consumer Studies, housing & space design ergonomics in design development, interior design, & decoration, enter premiership & institutional mgt.
- ❖ In Social work & development.
- ❖ In teaching profession.
- ❖ As entrepreneurs in the field of textiles, food, baking & confectionary.

❖ As researcher.

The professional career for Home Sci is bright with a no of job opportunities.