

Course Outcomes of Physical Education

In order to reach these learning outcomes, the physical education program has established a vertical curriculum that builds lesson and unit planning from the introductory course through to student teaching.

- Each of the skills courses (i.e. racket sports, gymnastics, team sports etc.) is a mini-pedagogy class in addition to a course designed to teach skill and activity-based knowledge.
- After lesson planning is introduced and as it is being refined, unit planning is introduced.
- Then over a number of courses with field experience and culminating with student teaching, implementation of lesson and unit plans occurs with growing competence in the use of effective teaching strategies.
- At a practical level, the provision of a high quality educational experience in senior cycle is supported by, effective curriculum planning.
- Development, organisation and evaluation teaching and learning approaches that motivate and interest learners that enable them to progress, deepen and apply their learning.
- Develop their capacity to reflect on their learning professional development for teachers and school management that enables them to lead curriculum development and change in their schools.
- A school culture that respects learners, that encourages them to take responsibility for their own learning over time, and that promotes a love of learning.

Scope of the Subject

- The vision of senior cycle education sees the learner at the center of the educational experience.
- That experience will enable learners to be resourceful, to be confident, to participate actively in society.

- To build an interest in learning throughout their future lives. Learners in senior cycle are approaching the end of their time in school and are focusing on the directions.
- They would like to take in their future lives. Senior cycle plays a vital role in helping learners to address their current needs as young adults and in preparing them for life in a changing economic and social context.
- Senior cycle is founded on a commitment to educational achievement of the highest standard for all learners, commensurate with their individual abilities.
- There are many other options of working in this field apart from serving as a player.
- A candidate with passion for sports career can also work as coach, team manager/sports manager, fitness instructor, athletic trainer, sports journalist, photographer.
- Sports persons on retiring from active play can also look forward to satisfying jobs in assignments such as umpires and referees.
- Also in a country like ours where country spas and yoga centers are at a rise, one can also use his/her expertise for a job in such places.
- People today are looking for professionals in the field of Physical Education and Sport because they have best knowledge regarding rehabilitative and therapeutic modalities like Cryotherapy,
- Thermotherapy, Electromagnetic Therapy etc. Trained Physical Education personnel get priority in defence and police services with special recruitment drives.